



## **Bryn Derwen Newsletter**

**Fifteenth Edition 2017**



### **Contact Details**

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### **About Us**

Bryn Derwen is a small EMI residential home in the historic city of St Asaph who specialise in caring for the elderly who have dementia. We are located in a quiet residential part of the city but are very close to all of the shops, post office and cathedral, and as such are very much part of the local community. We are registered with the Care Standards Inspectorate for Wales and we provide 24 hour care for 19 male and female long term care clients, as well as also providing care for our respite and day care service users. All of our bedrooms are spacious and have en-suite facilities.

The resident's in Bryn Derwen receive professional care delivered with respect in a friendly, homely and compassionate environment, where quality of life is imperative. Our dementia care is provided by well trained and dedicated teams in an environment personally adapted to each resident's needs, all of whom receive a care plan which reflects their individual needs, interests, and physical and emotional abilities.

### **Editors Message**

Hello everyone and welcome to the August edition of our newsletter!

We have had lots of fun over the last few months with our fantastic themed days, Sports Day, various barbeques and our Annual Summer Garden Party! As well as this we have also been on some wonderful day trips out and have attended several local community celebrations too, and we would just like to take this opportunity to thank everyone who attended to helping to make these events so enjoyable!

As many of you have already noticed, we have recently re-carpeted several of our halls and rooms and we have continued to work on our multi-sensory themed corridors in order to make the interior of our home even more dementia friendly!

We also have lots of good news to share with you regarding our recent entries into the Annual St Asaph Community Scarecrow Competition and with our latest work in the community! This along with the upcoming projects to be held in our home as well as our ongoing fundraising efforts will be discussed further in our 'Recent Developments' section

With so many positive things happening in our home, we have devoted this newsletter to our recent achievements; none of which would be possible without your continuing help and support.

Thank you  
Helen Johnson (Activities Coordinator)

### **Our Staff Members**

Here at Bryn Derwen our staff members are provided with on-going opportunities for learning and development to ensure that the care they give is not only the kindest possible, but that it is also delivered from a sound, professional knowledge base.

### **Spending time with loved ones**

At Bryn Derwen we warmly welcome relatives to come and spend time with their loved ones, but we also understand how this can sometimes be difficult due to work commitments, travel issues, illness etc. This is why we also encourage both our residents and their relatives to keep in contact via phone calls and also through Skype. If anyone would like more information on the Skype service, please contact Nia Pierce.

## Activities



We have a wide variety of activities here at Bryn Derwen as we believe that they are essential to a person's wellbeing as they give purpose and enjoyment to their day and so help to improve their quality of life.



We enjoy music therapy sessions, arts and crafts, gardening, baking, memory exercises, armchair exercises, dancing, sing a longs, quizzes, bingo, card games, board games, pampering sessions, beetle drives, multi-sensory activities and pet therapy.



As well as all this, Bryn Derwen also provides entertainers on a fortnightly basis and our residents thoroughly enjoy the performances from Tony Hudson, Gavin Strong, Christopher Dean, and John Broadhead.

We are also able to offer our residents the opportunity for day trips out to see the countryside and local attractions and so are regularly able to visit places like Llandudno, Rhyl, Conway, and Rhos on Sea.

We have also been making the most of the summer weather by hosting several barbeques, our Annual Sports Day event and our Annual Summer Garden Party!

Our Driver is always taking us to fun and exciting places; recently we went to Trefnant for a spot of golf and Kimmel Bay to enjoy the seaside together!



We spend a lot of time visiting and working alongside our friends in the local community. As well as enjoying coffee mornings at St Asaph Cathedral, Llanelwy Community Church and Jacobs Ladder, we also partake in many other social gatherings such as The Alzheimer's Societies' 'Musical Memories' sessions and 'Connexions' in Trefnant, as well as various local celebrations.



As reminiscing forms an important part of our activity programme we have continued to produce short videos documenting important events from Bryn Derwen. These short films not only help to preserve memories for our residents and staff, but they also allow for friends and relatives to share in these happy moments too. If any relative would like a video of their loved one then could they please speak to Helen Johnson (Activities Coordinator) for further details.

### **Our friends in the community**

We have excellent relationships with our friends in the community and they regularly support the activity programme, themed parties, and charity events that we run.

As well as attending 'Musical Memories' and 'Connexions' in Trefnant, we also regularly attend the 'Llanelwy Community Church Group' where we have been making friends over tea and cake, and sharing our skills and experience in the activities on offer.

Over the summer season several of our friends came to visit us and we would like to thank everyone at St Asaph Community Association for once again inviting us to their annual Strawberry Tea Party at The Old Palace in St Asaph. We were treated to a marvellous performance from their musical entertainer, took part in a raffle and enjoyed some scones, hot drinks, and strawberries with cream with members of the local community. We all had lots of fun making new friends and dancing the afternoon away, and we look forward to attending this event again next year!



We have also been enjoying spending more time with our friends at Connexions in Trefnant Village Hall whom we now visit on a monthly basis; please refer to the 'Recent Developments' section for further details.



We continue to work in conjunction with our sister homes and recently visited our friends in Lindan House for a chat over tea and cake. We have also been working on writing poems together as part of our ongoing inter homes competitions.



We have also enjoyed several interactive musical performances from a variety of entertainers thanks to our friends at Music in Hospitals! We all had lots of fun singing and dancing together and can't wait for their next performance!



Our staff have also been kindly bringing in their children and grandchildren in order to encourage more intergenerational work and our residents have really enjoyed these visits, as have the children! We will shortly be expanding on this by having some children from Esgob Morgan Primary School visit us on a weekly basis; please refer to recent developments for more information.

We also recently attended the St Asaph Fair where we displayed our scarecrows to the public; please refer to recent developments for further information.

We continue to build on our links with the churches in St Asaph, and as well as enjoying their recent flower festival, we also now regularly attend their monthly dementia friendly Forget Me Not Tea Parties.



Our Church Services are held on the second Thursday of every month in the main lounge @ 13.30 and all are welcome to join.

### **Celebrations**

Over the last few months here at Bryn Derwen we have set up a variety of entertainment and activities to celebrate important events in the calendar. Here is a list of all the themed events that we have participated in.

### **Photo Month**

We spent the day looking at a vintage camera and taking pictures on our new digital one. As well as these reminiscence and photography sessions, we also took time to look over and update our Bryn Derwen family albums too.



### **Garden Meditation Day**

OM!!!!!! OM!!!! We all had a really lovely time relaxing in our purpose built multi-sensory garden as we sought to find inner peace and harmony in our beautiful surroundings!



### **Drawing Day**

For Drawing Day our residents', staff and visitors spent the morning producing a variety of fun and quirky drawings that were then exhibited around the home for 2 weeks, and we all had lots of fun sketching landscapes, animals, portraits and fabulous patterns together!



## Golf Month



We had lots of fun practicing our teeing off skills on our visits to the driving range at Trefnant! As they say, practice makes perfect!



## BBQ Month



Despite the unpredictable weather, we successfully held several barbecues throughout the month and our residents thoroughly enjoyed all of the food that our chefs' provided for us!





## World Baking Day



To celebrate World Baking Day we spent an entire morning preparing a selection of delicious cakes and biscuits to enjoy! We all had lots of fun in the kitchen and we particularly enjoyed tasting the fruits of our labour!



## Dementia Awareness Week



We celebrated this important event by taking part in some fun activities with our friends at St Mary's Parish Church in St Asaph who kindly invited us to their Forget Me Not Tea Party!

We all had lots of fun making new friends and taking part in the afternoon singalong, and we especially loved tasting all of the delicious homemade cakes that everyone had made- yum, yum!



### **Biscuit Day**

We originally planned on making a selection of biscuits for our tea dance event, but as our treats proved far too tempting and tasty, they were devoured instantly!!! Fortunately our chef's had prepared some extra biscuits in case of an emergency and so the day was saved!

### **Maritime Day**

We held several arts & crafts sessions on the run up to Maritime Day, and as well as producing a beautiful display and learning all about the sea, several of us also enjoyed a trip to Kinmel Bay too! We all had a fantastic time breathing in the cool sea breeze, and our driver taught us all about the different kinds of boats.



### **Water a Flower Day**

We have been really busy over the summer tending to our wonderful multi-sensory garden! As well as watering and weeding our plants, new seedlings have been planted and we are looking forward to picking our home-grown fruits and vegetables.



### Senior Health & Fitness Day

On Senior Health & Fitness Day our residents took part in activities such as yoga, tai chi and armchair exercises, as well as golf and quoits. Everyone had lots of fun and felt good after their workouts.



### St Asaph Cathedral Flower Festival



Several of us chose to attend the Flower Festival in St Asaph Cathedral and we were all amazed at all the beautiful biblical themed displays which were all around! A few days later, this trip inspired us to do some wonderful flower arranging to brighten up our home!



### Eisteddfod Celebrations

To celebrate the Eisteddfod this year, we took part in several arts & crafts sessions over the week, watched the show live on TV and also ate a variety of traditional Welsh meals. We received some Welsh lessons from our Activities Assistant Sarah Macnamara and enjoyed both listening to and singing Welsh songs together.

### **Donut Day**

On Donut Day we took part in some arts & craft sessions and were treated to a variety of different flavoured donuts! They were so delicious that we happily helped ourselves to second helpings, and in some instances, thirds too!



### **Hot Air Balloon Day**

For this event we produced a beautiful art display and took part in several balloon exercise sessions.



### **Yo-Yo Day**

We had lots of fun on Yo-Yo Day as we practiced our skills and learnt some new tricks! We even had a competition to see who could keep their yo-yo going for the longest, as well as seeing who was best at untangling them when they got messy.

### **World Doll Day**



On World Doll Day, we woke up to find a group of babies sitting quietly in our main lounge! Each were quickly mothered by our female residents and even some of the gents helped to assist with the feeding!



### **Flag Day**

We all had a fantastic time with our fun flags of the world quiz! It got very competitive as our two teams tried to match the most flags to the correct countries, and in the end both teams were tied!

### **International Picnic & Go Fishing Day**

After looking forward to being able to use our nets again this year we were all ready to celebrate this wonderful event! Our driver had planned to take us to a perfect picnic and fishing spot in Denbigh, but due to the poor weather we unfortunately had to cancel this daytrip out. Quick thinking staff instead brought the outdoors indoors as we all took part in our inflatable fishing game, and the day was saved!

### **The Queen's Official Birthday**

Happy Birthday ma'am! We once again spent the day celebrating the Queen's birthday by making ourselves some crowns in our arts & crafts sessions whilst we watched the amazing ceremony live on TV!



### Helen and Jane's Hen Party

We all had a fantastic time celebrating Helen and Jane's Hen party! During the afternoon, the pair were offered some very sage wedding advice from our residents and we had lots of fun at the tea party with the quizzes, watching the happy couple play The Shoe Game, and singing and dancing together!



Later on that evening, several staff members were headed to Chester to continue the celebrations and both Helen and Jane would like to thank everyone for making this event so memorable.



### Jane and Helen's Wedding Day

After over a year of planning with both residents and staff, Helen and Jane's big day finally arrived! Everyone was invited to the big day and we all had a fantastic time celebrating the union of these two staff members!



### **Father's Day**

On Father's Day this year our staff produced a lovely display with all the cards that you sent to your loved ones, and a special tea party was held to celebrate this occasion.



### **World Music Day**

Our visiting entertainers from Music in Hospitals were busy helping to teach us some simple melodies to play with our instruments on Make Music Day! We were all working hard composing music and learning lyrics, and everyone had lots of fun with this fun interactive performance!



### **Royal Ascot Ladies Day**

We really went to town on this racing event as we held some pamper and makeover sessions, decorated our home with arts & crafts, played some themed games, and hosted a luxurious tea party to finish! As well as watching the race live on TV with our wines and shandys, we also placed bets on our favourite horses!



### **Ice Cream Month**

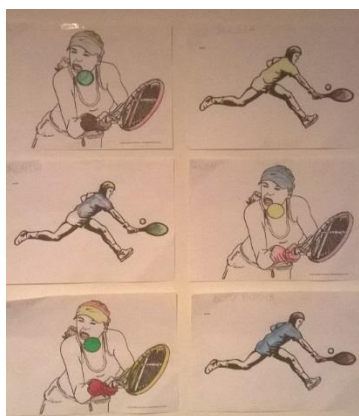
Our chefs treated us to a variety of ice-cream's during our special themed day, with all the different toppings and chocolates to accompany them! We certainly enjoyed these treats and we spent the rest of the day reminiscing about how we would enjoy these snacks at the seaside with our children.

### **International Joke Day**

We all laughed so much as we shared our favourite jokes with one another and even heard some new ones!

### **Wimbledon**

We really went to town with our Wimbledon celebrations this year! As well as watching the matches and cheering on our favourite players in the live finals, we also had a selection of themed activities throughout the day such as arts and crafts sessions and a keepy uppy competition and in the afternoon we were served with strawberries and cream along with some lovely sparkling wine!





## Becky's Baby Shower



We all had lots of fun playing all of the themed games and quizzes during Becky's highly anticipated Baby Shower! As well as enjoying a special themed tea party and congratulating Becky for her newest baby, we all had lots of fun talking about our own children and offering parental tips!



## Teddy Bear Picnic Day

We all really enjoyed celebrating Teddy Bear Day, as we had been looking forward to reminisce over our favourite cuddly toys! As usual, we spent time baking a variety of treats for our picnic themed tea party, as well as producing some eye catching pictures in our arts & crafts session. We also spent time with Teddy Ruxpin who read us several stories and discussed our favourite bear characters from books and films with our friends from Hollybank who came down especially to visit us on this fun packed day!



## Summer Party



The weather was absolutely dreadful when we came to have our 'Summer Holidays' themed Party so was held indoors this year! Many families attended along with our friends from the community such as Elsie and Barry from St Asaph Community Association, everyone from Connexions and our friends from the cathedral!



Staff had been busy setting up different holiday themed areas and decorations throughout the home for everyone to enjoy, along games for everyone to take part in! As well as all this we also had a special area for everyone to have their pictures taken and even a prop and costume area for everyone to get ready to go on a fantastic holiday together! Staff dressed up especially for the occasion and we had some singers performing all of our favourite songs!



Our chefs treated us to another amazing feast and they also baked a selection of delicious cakes for everyone. From our fundraising efforts we were able to raise £62.23 which will be put towards our residents' fund and we would once again like to thank you for all your continued help and support.



## Sports Day



We held a variety of fun events throughout the day on Sports Day, both indoors and outdoors!



As well as the usual competitions, this year we also once again included fencing and shooting into the mix which proved very popular with our residents, all of whom were later awarded with medals and trophies during our awards ceremony!



### **Colouring Book Day**

We had lots of fun showcasing our creative side on this creative day as both residents and staff got in touch with their inner artist to produce an amazing display!



### **Sandcastle Day**

On this day we enjoyed a sandcastle building competition in the beach themed area of our multi-sensory garden, as well as producing some amazing work during our arts & crafts sessions! We also took some time to reminisce about holidays in our seaside themed sensory corridor and enjoyed an ice-cream together in the afternoon!



### **Doll Day**

Our beautiful dolls once again were the centre of attention as we all celebrated this wonderful day together!



### **Bowling Day**

STRIKE!!!! We all had so much fun on Bowling Day as we held contests to crown our winning players as 'King or Queen of the Pins'!

### **Book Lovers Day**

We love reading here at Bryn Derwen, so as usual on World Book Day we all sat down together in the morning to enjoy a selection of short stories and discussed which books have inspired and moved us through the years.



### **Relaxation Day**

For this event we all took some time out from our hectic daily lives to de-stress in some yoga and music therapy sessions, and we were even treated to some gentle massages in our garden too! We were left feeling so relaxed by the end of these activities that some of us even had a nap afterwards!



### Poets Day

For Poets Day we held a reading session consisting of several famous poets all of which provided inspiration in our creative writing sessions! We also played a memory game, the object of which was to complete nursery rhyme sentences', many of which brought back fond childhood memories for us!

### Dog Day

We spoilt our dog Henry rotten as went go shopping to get him some new toys and treats, all of which he thoroughly enjoyed!



### Pride Celebrations



We celebrated LGBT diversity with our newly appointed LGBT champion Helen Johnson who prepared a range of activities and discussion groups regarding inclusion and diversity. We all had lots of fun learning about the LGBT community and really enjoyed reading Vintage Cheddar together which is a newspaper containing retro LGBT articles of interest.





As well as decorating our home with rainbow flags and our wonderful art display, our cook prepared a fantastic rainbow cake for us all to enjoy together at our themed tea party!



### **Slinky Day**

Everyone had lots of fun playing with these classic toys as we raced them down an obstacle course and untangled them as quickly as possible. Unfortunately our dog Henry insisted on playing as well so we spent the rest of the afternoon chasing him around the living room as we tried to get the Slinky's from him!

### **Burger Day**

Once again, our cooks treated us to a selection of delicious burger varieties for this popular day!



### **Bryn Derwen Tea Dance**

Our Afternoon Tea Dances are held on the last Tuesday of every month and our residents always have lots of fun baking the cakes and preparing the sandwiches for these events! Everyone is welcome to attend and dance the afternoon away with us- feel free to bring along your favourite CD's to listen to on our amazing jukebox!



## Forthcoming Events

The following are a list of dates that our weekly entertainment will be visiting and also dates for our organised parties. We would like to invite you all to come and join in with us on these special occasions

### Entertainers

- Thursday 31/08/17 @ 10.30-12.00
- Thursday 14/09/17 @ 10.30-12.00
- Thursday 28/09/17 @ 10.30-12.00
- Thursday 12/10/17 @ 10.30-12.00
- Thursday 26/10/17 @ 10.30-12.00
- Thursday 09/11/17 @ 10.30-12.00
- Thursday 23/11/17 @ 10.30-12.00

### Parties

- **Halloween Party** 31/10/17- entertainment and party games will be provided for as usual at our Halloween party! All are welcome to come and join us and fancy dress is optional
- **Bonfire Night** 03/11/17- come and join us as share jacket potatoes and toffee apples during our fantastic fireworks display!

### Community Based Activities

- **Musical Memories**- every alternative Wednesday in the Eirianfa Centre, Denbigh @ 13.30-15.00
- **Llanelwy Community Group**- held every Tuesday in Llanelwy Community Church @ 10.00-12.00
- **Connexions Group in Trefnant**- held on the last Thursday of every month at Trefnant Village Hall @ 14.00-16.00



## Other Special Occasions

- **International Beer Day** 01/09/17- show me the way to go home, I'm tired and I want to go to bed! Or at least we will do after all of our pub based activities!
- **Shake Month** 04/09/17- come and join us as we enjoy making delicious milkshakes together!
- **Welsh Rarebit Day** 05/09/17- come and join us as we enjoy this traditional Welsh delicacy!
- **Wildlife Day** 07/09/17- we will be visiting an animal park with our friends from our sister homes!
- **Actors Day** 08/09/17- to be, or not to be, that is the question! And to answer this day, we will be dressing up, learning lines & taking centre stage in order to celebrate all things thespian!
- **Teddy Bear Day** 11/09/17- everyone loves teddy bears, so what better reason to hold a special themed picnic for our furry friends!
- **Hug Your Hound Day** 12/09/17- our pampered pooch Henry will be only too happy to receive extra cuddles from everyone!
- **Make a Hat Day** 13/09/17- we will be making a selection of hats in our arts & crafts session and there will be prizes awarded for best in show and most creative!
- **Hug Your Boss Day** 15/09/17- yes it's that time of year again when staff show our Manager how special she is to us!
- **Play Doh Day** 18/09/17- we will releasing our inner child as we get creative with this iconic modelling clay!
- **International Country Music Day** 20/09/17- yee haw partner! Come join us pilgrims as we spend the day listening to music, watching old westerns and shooting out targets on our ranch!
- **Piano Month** 25/09/17- north wales international music festival welsh & English performance
- **Miniature Golf Day** 21/09/17- come join us as we tackle our mini golf course!
- **International Rabbit Day** 26/09/17- a special friend will be hopping down to Bryn Derwen to meet everyone!
- **Computer Learning Month** 02/10/17- youtube, facebook, skype tutorial
- **Old Farmers Day** 05/10/17- we will visiting a local farmers market and reminiscing about life on the farm
- **World Smile Day** 06/10/17- we will be sharing jokes, stories and music that makes us want to smile
- **Cake Decorating Day** 10/10/17- we will be spending the afternoon adding the finishing touches to our chefs' delicious sponge cakes
- **World Food Day** 12/10/17- a selection of foods from around the world will be offered during our fantastic taster session!!!
- **Count your Buttons Day** 20/10/17- after counting and organising our button collection, we will then use them in our arts & crafts sessions to create some lovely homemade jewellery
- **Apple Day** 23/10/17- our chefs will be assisting us as we make some tasty apple based treats from our recipe books

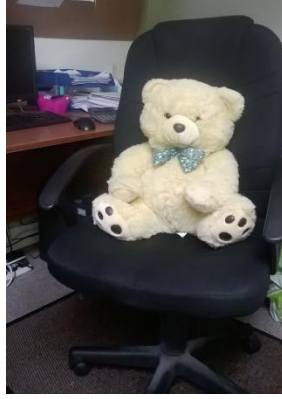
- **Magic Day** 26/10/17- abracadabra! Come and join us as we perform magic tricks together, watch Tommy Cooper, and see the wine disappear before our very eyes! Just like that!
- **Cliché Day** 01/11/17- seize the day with us as we rattle off these annoying sayings and learn all about their origins
- **Sandwich Day** 02/11/17- come and join us as we give Subway a run for its money with our delicious selection of homemade sandwiches!
- **Housewife's Day** 06/11/17- a woman's work is never done so we will be arming ourselves with dusters, brushes and brooms as we sweep up our home before going shopping and making some lunch.
- **Nacho's Day** 07/11/17- as well as enjoying these tasty snacks, we will also be making our own dips to accompany them!
- **Hug a Bear Day** 09/11/17- come and join us as we pamper our favourite cuddly toys
- **Remembrance Day** 11/11/17- we will be paying tribute to all those who lost their lives during the war
- **International Tongue Twister Day** 13/11/17- everyone is welcome to partake in these tricky sentences with us- hopefully we will beat our record from last year!
- **Origami Day** 14/11/17- it's that time of year again where we try our hand at the traditional art of origami
- **World Prematurity Day** 17/11/17- we will once again be raising money for Bliss, please see our 'Fundraising' section for further details
- **International Men's Day** 20/11/17- we will be partaking in a variety of manly based activities throughout the day
- **Celebrate your Unique Talent Day** 23/11/17- whether it's dancing, drawing, hula hooping or cooking, everyone is good at something! Why not come and show yours off too?
- **Cake Day** 27/11/17- that's right, you guessed it! We're going to have a cake making competition!
- **French Toast Day** 28/11/17- our chefs will treat us to this delicious breakfast meal

### **Fundraising**

We have continued to raise money for our residents fund in order to help pay towards the costs for day trips out, parties, and new activity products.

We are always extremely grateful for your enthusiasm and generosity towards our fundraising events, and we would like to ask if anyone has any unwanted items around the home that could be used in our future raffles and tombola's and car boot stall, then please could you consider donating them towards our cause?

As mentioned earlier, we successfully raised £62.23 at our Summer Party raffle and we would like to thank everyone who purchased a ticket. We are pleased to inform you that our teddy's final holiday destination was Estonia- fingers crossed he sends us a postcard soon!



We would once again like to take this opportunity to thank you all for your continued help and support, and should anyone wish to donate unwanted items, or take part in any of our other fundraising events then please could they speak to Helen Johnson (Activities Coordinator) for further details.

## Other News

### Recent Developments

We continue to be part of the steering committee which is responsible for ensuring that the Dioceses of St Asaph becomes a dementia friendly organisation, with a view to St Asaph becoming a dementia friendly community in the future. We are really looking forward to working with the various organisations that have built links with and we will keep you updated. We now regularly attend St Mary's dementia friendly Forget Me Not Tea Party's which have proven very popular with our residents!



We have also continued our popular Dinner Date sessions, with residents recently enjoying an all-expenses paid slap up meal at The Chippery in St Asaph!

We continue to work alongside our friends at Connexions which meet up on the last Thursday of every month. Connexions is a grassroots community group owned by the service users, the purpose of which is to focus and engage with people in the community, irrespective of age or ability, by providing a place to come together, have fun and to share skills.



We have begun work on our Pimp your Zimmer project! So far we have completed one frame, and we plan to begin work on our other walking aids in the next few weeks.



The Activities Coordinators from all of the sister homes regularly attend monthly meetings and continue to work on ways to build links between the homes. As well as an upcoming inter homes poetry competition, we will also be using Skype to establish a digital pen pals and buddy programme so all of our residents can have a catch up in the comfort of their own homes!

We all worked really hard on our entry into The St Asaph Scarecrow Competition! This year's theme was nursery rhymes and we created 'The Owl and the Pussycat' by Edward Lear.



We all had lots of fun seeing everyone's entries and despite not winning a prize this year, we were all so proud of our scarecrows.

We are pleased to announce that over the next few months we will be visited on a weekly basis by our friends from Esgob Morgan Primary School as part of our ongoing intergenerational work. Both our residents and the pupils are really looking forward to these

sessions which will be held every Tuesday afternoon, and you are all welcome to come and join us!

Since our last newsletter we have held even more residents meetings and if anyone would like a copy of the minutes then they can request these from Helen Johnson (Activities Coordinator). Everyone is welcome to attend these meetings which are held on the last Tuesday of every month to express their thoughts, ideas and suggestions.

### **Renovations**

As part of the ongoing improvements to our home, we are pleased to inform you that the re-carpeting work has begun and the home is already looking much better.

We will continue to work on our sensory corridor project over the coming months, and the repainting of the flower boxes and fences in the garden has now been completed.

### **Congratulations**

We would like to congratulate Becky Hayes on the arrival of her beautiful daughter Emilie! Congratulations too to Jane and Helen on their recent marriage!



### **Condolences**

The staff and residents of Bryn Derwen would like to express their deepest sympathies to the family of Mrs Fran Haler who sadly passed away